

Thank you for your interest in the Tennessee Beef Industry Council's Team Beef!

Athletes of all experience levels are encouraged to participate in running events. Team members understand and believe in the nutritional benefits of lean beef and the vital role it plays in training, and they share their love of beef with family and friends.

Benefits of being a member of Team Beef Tennessee:

- A Tennessee Beef Council "Team Beef" jersey for team members.
- E-newsletter with recipes, nutrition information, statewide events & news from the Tennessee Beef Industry Council
- Reimbursement for entry fees for approved races, ranging from \$150-\$200 annually. Race gear provided must be worn during races and pre/post-race.

Reimbursement	Qualifiers
\$150	All Team Beef TN members
+\$25	If current Team Beef member + raced in 2 or more races in previous year
+\$25	Race in one of the four <i>Preferred</i> races on race list during the year

Expectations of a Team Beef Tennessee member:

- Understand and believe in the nutritional benefits of lean beef and the vital role it plays in training.
- Serve as positive role model for lean beef and maintain positive image on social media.
- Actively spread the word and help educate people who seek information about lean beef, including in your social networks such as Facebook, Twitter or a blog.
- Participate in educational opportunities through Team Beef and complete the team orientation and Masters of Beef Advocacy program.
- Run in at least two approved races during the calendar year.

Signature:	Date:	
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